



# RIDING FORM FOR RIDING AT TREWORGEY

All adults and over 16's that wish to ride **must** read and complete **all** sections of the form and then sign at the bottom please. Under 16s must have their parent or guardian sign the form in order for them to ride.

## PERSONAL DETAILS *(asterisk denotes required information and are mandatory)*

\*Date of Holiday: From \_\_\_/\_\_\_/\_\_\_ To \_\_\_/\_\_\_/\_\_\_ Cottage: \_\_\_\_\_

\*Name: \_\_\_\_\_ \*D.O.B \_\_\_/\_\_\_/\_\_\_ \*Weight (in stone please) \_\_\_\_\_

\*Height (in feet please) \_\_\_\_\_ Sex: M / F \*Tel: Home \_\_\_\_\_ Mobile \_\_\_\_\_

\*Address: \_\_\_\_\_

\*Contact name & number in case of emergency \_\_\_\_\_

Have you ever suffered from any serious injury/ discomfort whilst riding? **YES/NO**. If yes please describe below. Please also detail any medical conditions or disabilities, that your instructor should be aware of in case of emergency, that may affect your ability whilst riding. (For example, back problems, asthma etc.) You are strongly advised not to ride if you are pregnant. For safety reasons please do not wear jewellery. **Please wear sensible footwear with a sturdy heel** (not trainers). Unfortunately we cannot let you ride with inappropriate footwear because it is unsafe.

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## RIDING EXPERIENCE *Please circle which best describes your personal abilities*

➤ Never Ridden	➤ Intermediate
➤ Nervous Beginner/Novice	➤ Intermediate/Experienced
➤ Beginner	➤ Experienced
➤ Novice	➤ Very Experienced

## HOW OFTEN DO YOU RIDE? *Please circle the one(s) most applicable to you*

Never	Monthly	Weekly
Only on holiday/ once or twice a year	Fortnightly	Own/loan a horse

## WHICH OF THE BELOW ARE YOU CONFIDENTLY ABLE TO DO? *Please circle, if any*

➤ Riding with a leader	➤ Canter	➤ Hacking at walk
➤ Riding at Rising Trot	➤ Gallop	➤ Hacking at walk/trot
➤ Riding at Sitting Trot	➤ Jumping at 0.5m/1'6"	➤ Hack at trot/canter
➤ Trot without stirrups	➤ Jumping at 0.75m/2'6"	➤ Jumping at 1m/3'3"

HAVE YOU RIDDEN BEFORE AT TREWORGEY? YES/NO (Please circle) if so **WHICH HORSES OR PONIES HAVE YOU RIDDEN HERE?** \_\_\_\_\_

## BOOKINGS

Please read the list of options below and enter the appropriate letter of your choice in the table for your preferred day and time on the riding form. We are unable to guarantee the times you request but we will endeavour to match you as closely with your times as availability allows.

- |   |                          |
|---|--------------------------|
| A. ½ hr Private Lesson  | <b>£18.00</b>            |
| B. ½ hr Semi-Private Lesson (minimum 2 people)  | <b>£14.50</b> per person |
| C. ½ hr Stable Management Lesson (minimum two people)*                                    | <b>£10.50</b> per person |
| D. ½ hr Group Lesson 3-4 persons max (must be intermediate upward)*                       | <b>£13.00</b> per person |
| E. ½ hr Lead Rein Hack for young children (under 5s to be accompanied by parent/guardian) | <b>£13.00</b> per person |
| F. 1 hr hack with trotting (intermediate or experienced riders only)                      | <b>£23.00</b> per person |
| G. 1 ½ hr hack with trotting and cantering through the woods (experienced riders only)*   | <b>£30.00</b> per person |
| H. 10 minute escorted walk from the stables and around the school (from 3 yrs up)*        | <b>£5.50</b> per person  |

*\*Options B. and D. are subject to availability of pupils to make up the numbers.*

*\*Options F. and G. are subject to availability and are at the riding instructor's discretion after a brief assessment in the school. Please never overtake the leader of the ride unless they have made the express request that you do so. The leader of the ride must be obeyed at all times reserves the right to cut short a ride if they deem a situation unsafe.*

*\*Option G. must be accompanied by a parent or guardian.*

**Riding Times** (Riding outside these times may be possible by arrangement)

Day / Time	9am	9.40am	10.15am	11.00am	11.40am	12.15pm	12.50pm	1.30pm
Monday								
Tuesday								
Wednesday								
Thursday								
Friday								

**AFTERNOON ACTIVITIES**

In peak times look out for additional horse and pony activities and Pony Club on some afternoons, depending on demand. If we have activities available while you are here we will leave a flyer in your cottage for your arrival.

**Declaration (to be signed by parent/guardian if under 16yrs)** I acknowledge that horse riding is a risk sport and that participation may hold potential danger and that all equines and other animals may and can react unpredictably on occasions. I understand that I (or my child) must obey the instructions of the Instructor, Ride Escort or Activity Leader and that failure to do so will result in dismounting from the horse and/or being asked to leave the lesson or activity. Safety helmets must be worn to the current standard at all times when riding and must be fitted correctly. (BS standard PAS 015 helmets are provided). All children under the age of 16 yrs must wear a Body Protector when riding and we strongly advise that all adults wear one, especially during hacking and jumping. (Body Protectors are provided to the current standard). Alternatively, if you are an experienced adult rider and choose not to wear a Body Protector, you hereby acknowledge that you have been advised to wear a Body Protector, that you know the risks involved if one is not worn, and that you have chosen to not wear one at your own risk. **Please alert us to any particular medical condition or special needs you or your child may have**, including disabilities and health issues, allergies or dietary issues etc that may affect participation in activities. Further to the above, if my child/a child under my care is to take part in Pony Club or any of our other Afternoon Activities I am aware that a range of activities may be involved and sweets etc may be eaten. If relevant please also outline any symptoms we should be aware of, what constitutes an emergency and the action to be taken.

I understand that in the case of emergency, Treworkey staff will attempt to contact the emergency number(s) provided. I give permission to allow Treworkey staff to seek any emergency medical advice or treatment they deem necessary as required, for me or my child. I give permission for a member of staff to take/accompany my child to the Doctor/Hospital in case of emergency treatment being required whilst attending riding or activities at Treworkey.

- I confirm I am/my child(ren) are under the Treworkey weight limit of 14 stone and that I confirm to the best of my knowledge that all the above details and any special requirements I have outlined overleaf are correct. I understand that I/my child(ren) must obey the instructions of the Instructor or Ride Escort.

**Signed:** \_\_\_\_\_ **Print:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Special Requirements** please outline here any special requirements as outlined in the declaration above

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**Disclaimer:** *Although we have been providing horse riding for many years here at Treworkey without interruption, horses and ponies may become ill or lame just like people. In no event will Treworkey or its proprietors be liable to provide riding, though we will do our very best. For example, riding here could be affected by illness to horses or instructors. Please note that riding prices are subject to change, the above prices are current in July 2010. Please note that if you are filling in this form online, the details you enter will be transmitted electronically to Treworkey (by email).*

**Please note that for novice and intermediate riders we are only able to offer limited hacking. Please contact us for details.**